



Pop In Hair Home Care Instructions

Brushing & Detangling

- Always begin brushing at the ends of the hair, working your way towards the scalp.
 - Gently remove all tangles.
 - Use a soft bristle brush, for daily brushing and detangling.
 - Brush and detangle hair before shampooing/conditioning.

Shampoo & Styling

- To cleanse hair, use sulfate free shampoo only. Apply shampoo to scalp only, do not scrub hair extensions.
 - Use lukewarm to cold water only when washing hair.
- After shampooing, use sulfate free conditioner through hair extensions, avoiding all bonded areas.
 - Limit hair washing to 2-3 times per week.
- A leave-in conditioner may be applied to the extensions, however, avoid all bonded areas.
 - Heating/styling tools may be used at low to medium heat, avoiding all bonded areas.
 - Blow dry and style downward (same direction as the cuticle).

Sleeping & Bedtime care

- Before sleeping, ensure extensions are completely dry. Tie extensions in a loose braid or a loose top-knot bun.
 - Sleeping on a silk pillowcase is highly recommended.

Friendly Reminders:

- Avoid excessive heat or moisture near bonded areas.
- Contact your Pop Extension Specialist if you have any questions or concerns.

Have A Great Hair Day

- Pop Squad

